## **Resources for Families**

### from the **United Way** SUCCESS BY 6 **Parent Education Team**



St. Joseph Public Library

#### rhcl.ora • 816.232.5479 sipl.lib.mo.us • 816.232.4038

- Storytime & other in-person programming
- 1000 Books Before Kindergarten program
- Curbside pick-up options
- Links to online e-books and audiobooks



#### elc.sjsd.k12.mo.us • 816.671.4018

- Personal visits, screenings & group connections
- Research-based curriculum
- Guidance on community resources
- Infant massage classes



#### stjosephmo.gov/211/Health-Department

#### 816.271.4723

- WIC Nutrition education, supplemental food, breastfeeding support, referrals & more
- Clinic Immunizations; pregnancy testing & prenatal case management
- Parent Cafes
- Baby & Me Tobacco Free program



stjosephunitedway.org/sb6parents



#### capstjoe.org • 816.233.8281

- Early education & family support
- Health, nutrition, social & other services
- Prenatal program for expecting mothers
- Utility assistance programs
- · Head Start and Early Head Start
- School-based Community Support Workers



#### ywcasj.org • 816.232.4481

- Socialize with other teen parents
- Learn skills to make parenting easier
- Diapers & basic infant supplies for teen parents

#### **United Way** SUCCESS BY 6

#### stjosephunitedway.org • 816.364.2381

- Raising Children with Conscious Discipline ® classes
- United Way KinderClub
- A variety of digital parenting guides



Contact each agency to see if you qualify. For additional information or resources, contact Bobbie Cronk at 816.364.2381



The resources above represent a snapshot of those available through United Way Success By 6 Parent Education Team members. This is not intended to be a comprehensive list.

# **Additional Resources**

#### Other helpful resources for new families

American Red Cross-information & training in CPR for parents and caregiversRedcross.org	
St. Joseph Health and Safety Council-car seat assistance and safety education816.233.3330	
St. Joseph Youth Alliance-Safe Sleep crib program	
Mosaic Life Care Lactation Consultants-breastfeeding information and support816.271.7984	
Children's Mercy-specialized healthcare for infants and children	
MO Healthnet-health insurance for children of low-income families	
Kansas: KanCare-health insurance for children of low-income families	
Mosaic Life Care-mental, behavioral and physical health services	
Northwest Health Services-mental, behavioral and physical health services	
First Steps-assistance to children aged zero to three with special needs	
Happy Bottoms-diapers for families in need; register online happybottoms.org/get-diapers	
Dolly Parton's Imagination Library-free book programimaginationlibrary.com/missouri	

#### **Emergency Numbers and 24 Hour Hotlines**

Community Nurse Line-nurse staffed health line	816.271.4000
Family Guidance-mental health crisis hotline	
Missouri Child Abuse and Neglect Hotline-suspected abuse or neglect hotline	800.392.3738
Poison Control	800.222.1222
Parent Link-parent information hotline	800.552.8522
Police/Sheriff/Fire/Medical Emergency	911

For additional early childhood resources, visit stjosephunitedway.org/sb6parents or contact Bobbie Cronk at 816.364.2381; bobbie.cronk@stjosephunitedway.org or call the Help Me Hotline.





The Help Me Hotline is a program of AFL-CIO Community Services. Referral Specialists are ready to help callers with quick and accurate referrals. In addition to calling, resource lists can be accessed at helpmenow.org/resources/ and a searchable database can be found at helpmenow.myresourcedirectory.com.